

Do you have any of the following right now?

- Fever/chills
- New cough or a cough that is getting worse
- B Difficulty breathing
- Shortness of breath (even when sitting or walking regularly)
- Sore throat

- A runny or congested nose (not allergies)
- Unusual level of fatigue
- Unusual headache
- Nausea / vomiting, diarrhea, or loss of appetite
- Feeling unwell for an unknown reason

If the answer is **YES** to any of these, please leave this building and contact your health care professional immediately.

niagararegion.ca/health

